

Training Schedule

Swiss Open Championship

Wednesday, July 4th 2018

Country/ Team	No. of Sw.	No. of Rout.	Schedule	Pool	Comments
Aruba (AWB)	2	4	13.00-16.00	Indoor pool Oerlikon , Wallisellenstr. 100, 8050 Zürich	<ul style="list-style-type: none"> Diving Pool Music must be shared with LNZ Pool in walking distance from Hotel Ibis Dinner at Pool Oerlikon
Limmat-Nixen (LNZ)	10	5	13.00-16.00	Indoor pool Oerlikon , Wallisellenstr. 100, 8050 Zürich	<ul style="list-style-type: none"> Diving Pool Music must be shared with AWB

Thursday, July 5th 2018

Country/ Team	No. of Sw.	No. of Rout.	Schedule	Pool	Comments
Aruba (AWB)	2	4	07.00-10.00	Outdoor pool Auhof , Luegislandstrasse 160, 8051 Zürich	<ul style="list-style-type: none"> 6h30 – Transfer to pool by LNZ 7h-9h whole pool with music at your own 9h-10h part of pool w/o music Lunch & Dinner at Pool Oerlikon (in walking distance)
Switzerland (SUI)	10	2	18.00-20.00	Indoor pool Leimbach , Klebestrasse 3, 8041 Zürich	<ul style="list-style-type: none"> Whole pool w/music at your own Dinner after training in Leimbach Transfer to Hostel at your own
Wales (WNAS)	5	4	20.00-21.00	Indoor pool Leimbach , Klebestrasse 3, 8041 Zürich	<ul style="list-style-type: none"> Pickup at Airport upon arrival, transfer to Leimbach for dinner Whole pool w/music at your own 21h15 – Transfer to Hotel by LNZ

Friday, July 6th 2018

Country/ Team	No. of Sw.	No. of Rout.	Schedule	Pool	Comments
Switzerland (SUI)	10	2	07.00-10.30	Outdoor pool Letzigraben , Edelweissstrasse 5, 8048 Zürich	<ul style="list-style-type: none"> 7h-9h whole pool with music at your own 9h-10h30 pool with music has to be shared with WNAS & LNZ Transfer to pool and to Leimbach by LNZ Lunch & Dinner at Pool Leimbach
Wales (WNAS)	5	4	09.00-10.00	Outdoor pool Letzigraben , Edelweissstrasse 5, 8048 Zürich	<ul style="list-style-type: none"> 08h30 – Transfer to Training pool and later to Leimbach by LNZ Pool with music must be shared with SUI & LNZ Lunch & Dinner at Pool Leimbach
Limmat-Nixen (LNZ)	10	5	09.00-12.00	Outdoor pool Letzigraben , Edelweissstrasse 5, 8048 Zürich	<ul style="list-style-type: none"> 9h-10h30 pool with music must be shared with SUI & WNAS 10h30-12h whole pool with music at your own